That’s why we've developed our new Winter Fuel Pack for people from our industry. We have two aims; to help with energy bill arrears and the bills themselves and also to help to reduce energy bills in a practical, lasting way. We are offering:

• A boiler and heating system service by a qualified engineer to improve the efficiency of the heating system, make sure that it is ready for winter and reduce heating costs.

• The installation of a corrosion inhibitor into any water-based heating system that will reduce the sludge build-up in the radiators, improving water flow and reduce heating costs by up to 10-15%.

• Grants to help with utility bill arrears.

• Grants to buy heating oil in the summer when prices are lower ready for the colder winter weather, or payments made direct to utility companies.

Each winter, thousands of people are faced with the decision of whether to eat or heat their homes. Rising energy prices mean that those on small pensions or low incomes are struggling on a daily basis. As a small charity we don’t have the political muscle to lobby government or the energy industry for change, but we can help families that are struggling. And we can do it in a way that counts.

By offering a practical solution, we can make a real difference.

Have you worked in the home improvement industry for at least 1 year with the same company and are on a low income?

Call us on 0203 192 0486, or visit www.rainydaytrust.org.uk.

If you don’t need our help, but want to make sure others don’t go cold this winter, donate £3 to help us keep people from your industry warm.